



1: Help

This section will support SGOs to:

- understand the ambitions for young disabled people within the School Games
- reflect on whether competitions that are offered by schools are fully inclusive and engage all young people
- recognise the support that is available to help increase the accessibility of competitive sport to young disabled pupils through the School Games.

2: Essential information

The ambitions for young disabled people within the School Games are to:

- enable participation in regular competitive activity at each level of the School Games
- develop meaningful competitive opportunities as part of the school sport pathway
- raise confidence levels
- change perceptions and enhance understanding of disabled people to provide inclusive opportunities to compete alongside non-disabled athletes.

Project Ability

A bespoke project within the School Games designed to help drive and increase opportunities for young disabled people

Through a range of interventions and activities, Project Ability will support schools to improve and extend their provision for young disabled pupils to take part in competitive sport.

These interventions and activities include the following:

- Innovation with NGBs to establish inclusive formats with tips and advice on how to adapt activities as well as specific impairment formats.
- Training for all SGOs in disability awareness and planning and delivery of inclusive competition.
- Equipping all schools to increase participation by those young disabled people who need more substantial or significant help through TOP Sportsability.
- The inclusion of disability events within L3 events.
- Aspirational Paralympic events within the Level 4 national competition.
- The establishment of a network of **50 lead schools who have established experience in engaging young disabled people.**

The 50 schools leading the delivery of elements of Project Ability will help to drive the ambitions of the School Games by:

- delivering bespoke YST-developed training and providing local advice and guidance to SGOs
- driving the establishment and implementation of more local competitive opportunities for young people
- sustaining young people's participation beyond their involvement in competition through the development of school club activities.

By driving Project Ability, schools will encourage meaningful high profile sport competitions for young disabled people. This will provide an excellent platform for schools to launch a full programme of targeted competitions as the Paralympics close in September 2012.

“ 50 Project Ability schools will help to drive the ambitions of the School Games. These schools will provide specialist support to 450 SGOs and the schools they work with. ”